



ANCESTRAL HEALTH SYMPOSIUM

OPTIMIZING HEALTH THROUGH AN EVOLUTIONARY PERSPECTIVE

SEPTEMBER 7-9

The Ancestral Health Symposium brings together an audience of health enthusiasts, clinicians, academics and fitness professionals to discuss the latest topics in diet and health.



3 DAYS

OF TALKS ON TOPICS INCLUDING

- NUTRITION
- MOVEMENT
- SLEEP
- STRESS
- GUT HEALTH
- EPIGENETICS
- DIETARY RESEARCH
- DENTISTRY

60+ PRESENTERS INCLUDING



Robb WOLF
Author



Ben GREENFIELD
NSCA-CPT, CSCS, MS, C-ISSN



Katy BOWMAN
MS



Nora GEDGAUDAS
CNS, NTP, BCHN



Chris MASTERJOHN
PhD



Dan PARDI
MS

KANE HALL
UNIVERSITY OF WASHINGTON

\$299 GENERAL
ADMISSION

\$219 STUDENT
ADMISSION

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